

# Soullutions Goal Log

|                                      | Goal | Specific | Measurable | Achievable | Relevant to Mission and Vision | Timeline | Notes |
|--------------------------------------|------|----------|------------|------------|--------------------------------|----------|-------|
| B<br>U<br>S<br>I<br>N<br>E<br>S<br>S |      |          |            |            |                                |          |       |

**S O U L L U T I O N S**

WHOLEHEARTED BUSINESS COACHING

[\(808\) 990-7685](tel:8089907685)

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| SOUL<br>PURPOSE<br>/<br>SPIRITUALITY |      |          |            |            |                                |          |       |

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| <i>F<br/>I<br/>N<br/>A<br/>N<br/>C<br/>I<br/>A<br/>L</i> |      |          |            |            |                                |          |       |

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|  | <i>Goal</i> | <i>Specific</i> | <i>Measurable</i> | <i>Achievable</i> | <i>Relevant to Mission and Vision</i> | <i>Timeline</i> | <i>Notes</i> |
|--|-------------|-----------------|-------------------|-------------------|---------------------------------------|-----------------|--------------|
| <i>P<br/>E<br/>R<br/>S<br/>O<br/>N<br/>A<br/>L</i> |             |                 |                   |                   |                                       |                 |              |

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|--|------|----------|------------|------------|--------------------------------|----------|-------|
| <i>Connections<br/>(Family,<br/>Friends,<br/>Team<br/>Members)</i> |      |          |            |            |                                |          |       |



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|--------------------------|------|----------|------------|------------|--------------------------------|----------|-------|
| <i>Fun and Enjoyment</i> |      |          |            |            |                                |          |       |



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|--------------------------------------|------|----------|------------|------------|--------------------------------|----------|-------|
| <i>Service / Impact on the World</i> |      |          |            |            |                                |          |       |



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|----------------------|------|----------|------------|------------|--------------------------------|----------|-------|
| Education / Learning |      |          |            |            |                                |          |       |



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|-------------|------|----------|------------|------------|--------------------------------|----------|-------|
| Other Goals |      |          |            |            |                                |          |       |



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